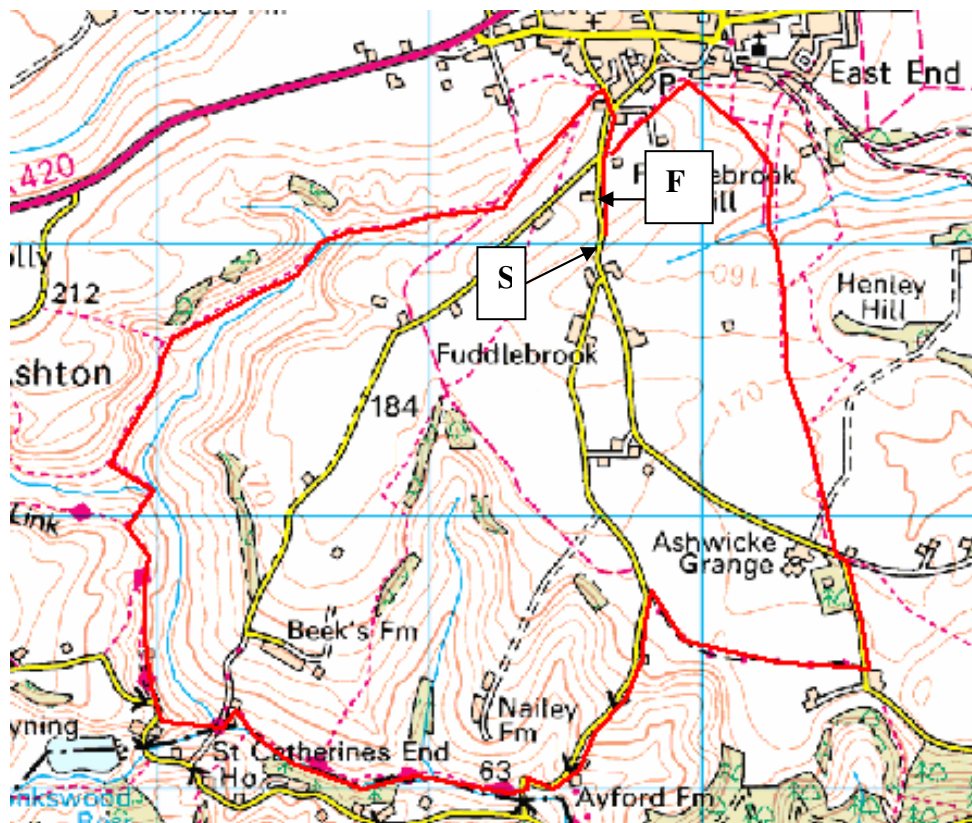
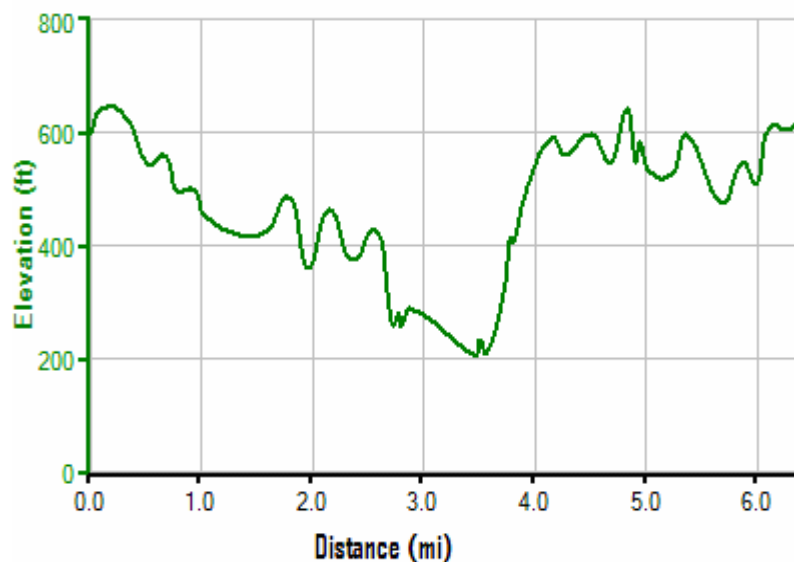


## Marshfield Mudlark Route and Elevation Profile



Route travels in an anticlockwise direction for approx 6.4 miles



## **Route Description**

The race is approximately 6.4 miles multi-terrain and begins 200 hundred metres from Marshfield Cricket Club on Ashwicke Road. It heads towards the centre of Marshfield village and 150 metres past the cricket club the route turns left (so travelling in an anti-clockwise direction on the map) through a gate into a field and down towards a stile at the bottom.

The route then follows public footpaths for approximately 2 miles down towards the beautiful St. Catherine's valley. Here the route turns left and runners are directed up Ayford Lane. Towards the top, the route turns right onto a bridleway which runners follow until they rejoin Ashwicke Road.

The route turns left and runners are taken 300 metres down the road to a kissing gate into a field. It's a relatively straight route back to Marshfield from here over public footpaths. After crossing several fields the course joins Weir Lane on the outskirts of the village from here it is just a few hundred metres back to the finish at the cricket club.